

Keith's Class by Keith Rubow

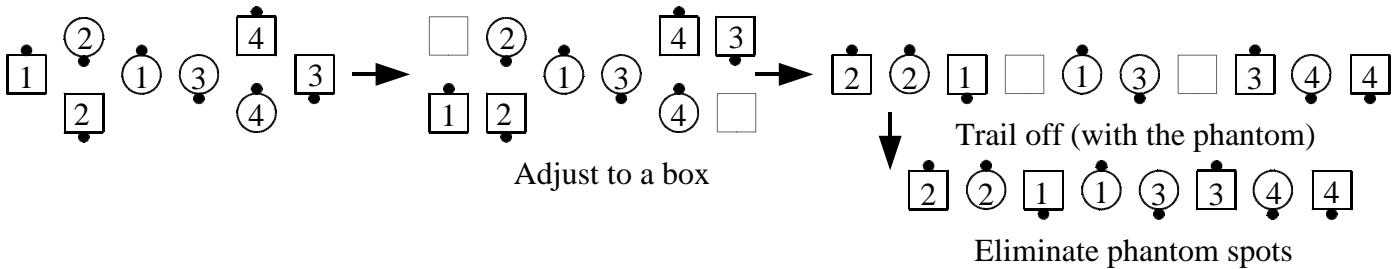
Triangle (working as a box) Concept

Welcome to Keith's Class. This month we will look at the Triangle (working as a box) Concept.

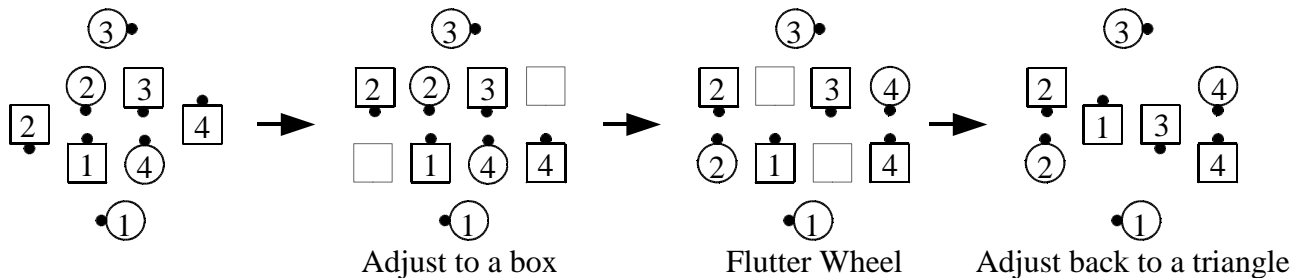
This concept allows us to do four person calls that normally start in a box of four using only three people in a triangle.

DEFINITION: Change the triangle into a box by having the apex back up to become a trailer in a box, which will now have three real dancers and one phantom. Do the call normally. If the call ends in a 2x2 box, one dancer needs to adjust to become the new apex. This adjustment may be forward, backward or sideways, but must be along the same axis as the original adjustment to form the box (see examples below). If the call ends in a 1x4 or a diamond, keep the phantom if the phantom is a center, but eliminate the phantom if the phantom is an end and eliminating the phantom causes the dancers to breath closer to the center of the set.

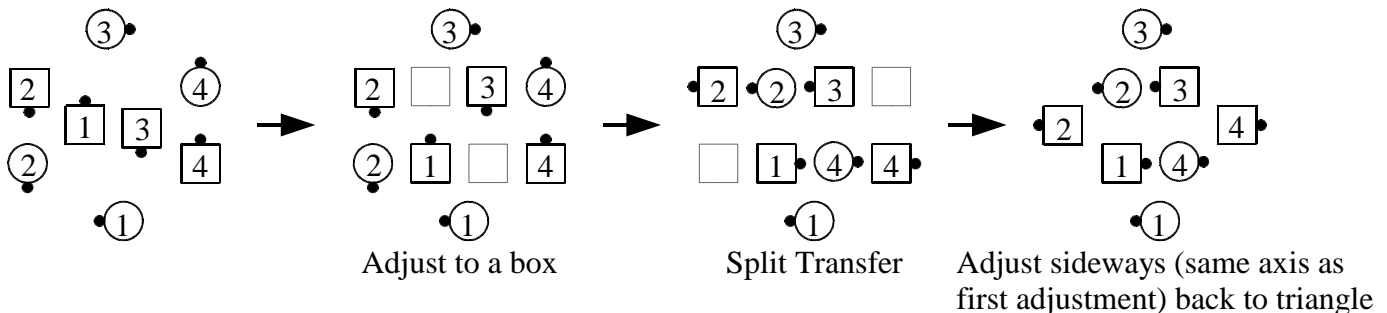
Outside Triangles Trail Off



Tandem Based Triangles Flutter Wheel



Tandem Based Triangles Split Transfer



Inside Triangles Reach Out

